FOOD
Food programs with UConn Extension cover the entire spectrum; from growing food to consuming healthy and nutritious meals. Extension educators are facilitating food related programming in 163 out of the 169 cities and towns in Connecticut. Examples of our programs include: farm to school, fruit and vegetable Integrated Pest Management (IPM), Master Gardeners, soils and nutrient management, Solid Ground Farmer programs, VISTA food justice, seafood safety, agricultural business economics, shellfish and kelp production, food safety, livestock education and dairy education.

HEALTH
A holistic approach to health includes interdisciplinary collaborations among humans, animals, and our environment. UConn Extension's health initiatives are integral parts of our food and sustainability programs, and we communicate all aspects of health with our audiences. Examples of our programs with health components include: UConn 4-H, SNAP-Ed nutrition education, People Empowering People (UConn PEP), UConn CLIR, community economic development, sustainable families, financial literacy, Expanded Food and Nutrition Education Program ( EFNEP), and the Extension Disaster Education Network.

ENVIRONMENTAL SUSTAINABILITY
Extension educators are working in communities statewide for greater protection and conservation of our environment and natural resources. We utilize the intellectual capital from UConn and our partners to solve problems across the state and region. Examples of our programs in environmental sustainability include: land use, climate adaptation, tree wardens, Connecticut Trail Census, geospatial technologies, Low Impact Development (LID), stormwater management, Integrated Pest Management (IPM), turfgrass, and sustainable landscapes.